



DISCLAIMER PLEASE READ CAREFULLY

The volunteers associated with Patanjali Yog Peeth expressly state that in general Yog is safe and beneficial but like any other health program it needs to be practiced judiciously, correctly and cautiously.

No citing by the volunteers at a Yog workshop to any health-related / medical/ other information is intended to be a substitute for professional judgment of a qualified health-care provider. The volunteers are not subject or liable to change the structure of a Yog workshop to suit individual needs.

Not all presentations at a Yog workshop may be suitable for everyone. If pain is experienced at any time during the practice of Yog, it should be stopped immediately and a qualified health care professional should be consulted. The volunteers assume no responsibility and will not be liable for any harm, injury or damage resulting from any tort, negligence or from a breach of an express or implied warranty however caused or occurring during or after participation in a Yog workshop or while practicing anything presented therein.

By participating in a Yog workshop the participant, for himself/herself, his/her heirs, and assigns, hereby expressly assumes all risks, full responsibility and liability for participating and practicing anything presented therein and forever waives and releases and agrees to defend, indemnify and hold the volunteers harmless for an against any and all claims or demands, liabilities and settlements (including without limitation, legal and accounting fees) on or against the volunteers for losses or damages, including without limitation, direct, indirect, incidental, consequential or special damages, personal injury/ wrongful death, resulting form or alleged to result from participating in or practicing anything that is presented in a Yog workshop.

The volunteers, at their sole own discretion reserve the right to deny participating at any time of Yog workshop to any entity without assigning any reason whatsoever.

Health history: _____

Name: _____

Address: _____

Email address: _____

Contact number: _____

I confirm that I have read and understood the above.

Signature: _____ Date: _____